

The Power of Mindfulness in Enhancing Work Performance

By Melkisedeck Leon Shine · July 16, 2023

Career Development and Success Techniques

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Hello there, lovely readers! It's AckySHINE, your friendly career development and success expert, here to shine a light on the incredible power of mindfulness in enhancing work performance. ?

What is your opinion on the power of mindfulness in enhancing work performance? I'm excited to hear your thoughts! ?

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