

How to Embrace Jesus' Teachings and Apply them in Your Daily Life: 15 Strategies

By Melkisedeck Leon Shine · July 5, 2023

Christian Reflections to Build your Faith, By Melkisedeck Leon Shine

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Embracing Jesus' teachings and applying them in our daily lives is not always an easy task. However, with dedication and a desire to grow spiritually, we can strive to live according to His teachings and experience the abundant life He promised. In this article, we will explore 15 strategies that can guide us in our journey of following Jesus and becoming more like Him.

1 Seek the Kingdom of God above all else: Jesus taught us in Matthew 6:33, "But seek first the kingdom of God and his righteousness, and all these things will be added to you." By prioritizing our relationship with God above everything else, we can find fulfillment and purpose in life.

2 Study and meditate on the Word of God: In John 8:31-32, Jesus said, "If you abide in my word, you are truly my disciples, and you will know the truth, and the truth will set you free." Regularly reading and pondering the Bible helps us understand Jesus' teachings and apply them in our lives.

3 Put God first in your decisions: Proverbs 3:6 reminds us to acknowledge God in all our ways, and He will direct our paths. Before making any major decisions, seek God's guidance and trust in His wisdom.

4 Love God with all your heart: Jesus said, "You shall love the Lord your God with all your heart and with all your soul and with all your mind" (Matthew 22:37). Cultivating a deep love for God will naturally lead us to live in obedience to His commandments.

5 Love one another: Jesus taught us to love our neighbors as ourselves (Matthew 22:39). Extend kindness, forgiveness, and compassion to others, just as Jesus did throughout His ministry.

6 Practice humility: Jesus demonstrated humility by washing the feet of His disciples (John 13:1-17). Follow His example by serving others selflessly and putting their needs before your own.

7 Forgive others: In Matthew 6:14, Jesus said, "For if you forgive others their trespasses, your heavenly Father will also forgive you." Holding onto grudges and bitterness only hinders our spiritual growth. Choose to forgive and experience the freedom that comes with it.

8 Trust in God's provision: Jesus taught His disciples not to worry about their material needs but to trust in God's faithfulness (Matthew 6:25-34). As we trust God with our needs, we can find peace and contentment in His provision.

9 Be a peacemaker: Jesus said, "Blessed are the peacemakers, for they shall be called sons of God" (Matthew 5:9). Strive to promote unity and reconciliation in your

relationships and communities.

? Practice generosity: In Luke 6:38, Jesus encourages us to give, saying, "Give, and it will be given to you." Be generous with your time, resources, and love, and trust that God will multiply your acts of kindness.

11 Be slow to anger: As followers of Jesus, we are called to control our temper and respond with love and patience (Proverbs 15:18). Let your words and actions reflect the kindness and compassion of Christ.

12 Live a life of integrity: Jesus emphasized the importance of honesty and integrity in our words and actions (Matthew 5:37). Let your yes be yes and your no be no, and strive to live a life that is pleasing to God.

13 Embrace a servant's heart: Jesus said, "The greatest among you shall be your servant" (Matthew 23:11). Look for opportunities to serve others in humility and love, just as Jesus did.

14 Pray without ceasing: Jesus often withdrew to pray and seek His Father's guidance (Matthew 14:23). Cultivate a consistent prayer life, seeking God's wisdom, strength, and guidance in all things.

15 Share the good news: Jesus commanded His disciples to go and make disciples of all nations (Matthew 28:19-20). Share the love of Christ with others, inviting them to experience the same transformation and salvation you have received.

In conclusion, embracing Jesus' teachings and applying them in our daily lives requires intentionality, faith, and a deep desire to follow Him. Let us commit ourselves to seeking God's kingdom first, loving one another, practicing forgiveness, and trusting in God's provision. By living out these strategies, we can experience the transformative power of Jesus' teachings and witness His love and grace in our lives. May you be blessed as you walk in the footsteps of our Savior. Amen. ??