

Deepen Your Relationship with God: 15 Practices for Worship and Prayer

By Melkisedeck Leon Shine · June 17, 2025

Christian Reflections to Build your Faith, By Melkisedeck Leon Shine

Enhancing the Spiritual Connection: Fifteen Pathways to Cultivate Divine Presence

This article explores the concept of cultivating a deeper connection with the divine through worship and prayer, employing established theological frameworks and psychological principles to provide a structured approach to spiritual growth. Key concepts include spiritual disciplines (practices that cultivate spiritual growth), the theocentric worldview (a perspective placing God at the center of understanding), and the concept of communion (an intimate relationship with God). We will examine practical applications of these concepts, drawing from biblical scripture and psychological research on mindfulness and spiritual well-being.

Reader Pool: Considering the multifaceted nature of spiritual growth, what additional methodologies or practices might enhance the effectiveness of these fifteen pathways to cultivating divine presence?